

First: Morning-Evening-Azkar:

Morning: its time after the dawn prayer until sunrise...

Evening: then after the Asr prayer.

1- In the name of God, who does not hurt anything with his name on Earth nor in the sky and is All-Knowing. (3 times)

(bism allah alhdha la yadurr mae aismuh shaa' fa al'ard w la fa alssama' wahu alssamie alealim)

Sunan Tirmidhi 3388 who said it did not harm him anything.

2- al-kursi verse

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ
مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ
عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا
يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ
السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ
الْعَظِيمُ

**In the name of God, the Gracious,
the Merciful God! There is no god
except Him, the Living, the
Everlasting. Neither slumber
overtakes Him, or sleep. To Him
belongs everything in the heavens
and everything on earth. Who is he
that can intercede with Him except
with His permission? He knows what
is before them, and what is behind**

**them; and they cannot grasp any of
His knowledge, except as He wills.
His Throne extends over the
heavens and the earth, and their
preservation does not burden Him.
He is the Most High, the Great.**

Al-Baqarah 255

**bism allah alrrahman alrrahim
allah la 'illah 'illa hu alhay alqayuwu
la takhudhuh sinat wala nawm lah
ma fi alssamawat wama fi al'ard man
dha alladhi yashfae eindah 'illa
bi'iidhnihi yaelam ma bayn 'aydihim
wama khalfahum wala yuhitun
bishay' mmin eilmih 'illa bima sha'
wasie kursiuh alssamawat wal'ard**

**wala yayuwduh hifzuhuma wahu
aleali aleazim**

3- Monotheism al-Ikhlās (3 times)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**قُلْ هُوَ اللَّهُ أَحَدٌ (1) اللَّهُ الصَّمَدُ (2) لَمْ يَلِدْ وَلَمْ يُولَدْ (3)
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ (4)**

**In the name of God, the Gracious,
the Merciful**

**Say, "He is God the One (1) God the
Absolute (2) He begets not, nor was
He begotten (3) And there is
nothing comparable to Him." (4)**

bism allah alrrahman alrrahim

qul hu allah 'ahad(1)allah

alssamad(2) lam yalid walam

yulad(3) walam yakun ilah kufuana
'ahad(4)

4- Daybreak al-Falaq (3 times)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ (1) مِنْ شَرِّ مَا خَلَقَ (2) وَمِنْ شَرِّ
غَاسِقٍ إِذَا وَقَبَ (3) وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ (4)
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ (5)

In the name of God, the Gracious,
the Merciful

Say I seek refuge in the Lord of the
dawn (1) From the evil of what He
has created (2) And from the evil of
the utterly dark night when it comes
(3) And from the evil of those who

**blow on knots (4) And from the evil
of the envious when he envies (5)**

bism allah alrrahman alrrahim

**qul 'aeudh birabb alfalaq(1) min
sharr ma khalaq(2) wamin sharr
ghasiq 'iidha waqab(3) wamin sharr
alnnffathat fi aleuqad(4) wamin sharr
hasid 'iidha hasad(5)**

5- Mankind an-Nas (3 times)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**قُلْ أَعُوذُ بِرَبِّ النَّاسِ (1) مَلِكِ النَّاسِ (2) إِلَهِ النَّاسِ)
(3) مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ (4) الَّذِي يُوَسْوِسُ فِي
صُدُورِ النَّاسِ (5) مِنَ الْجِنَّةِ وَالنَّاسِ (6)**

**In the name of God, the Gracious,
the Merciful**

**Say, "I seek refuge in the Lord of
mankind (1) The King of mankind (2)
The God of mankind (3) From the
evil of the sneaky whisperer (4) Who
whispers into the hearts of people
(5) From among jinn and among
people."(6)**

bism allah alrrahman alrrahim

**qul 'aeudh birabb alnnas(1) malik
alnnas(2) 'illah alnnas(3) min sharr
alwaswas alkhannas(4) alladhi
yuaswis fi sudur alnnas(5) min
aljinnaat walnnas(6)**

**6- We have reached the morning/
evening and at this very time unto**

Allah belongs all sovereignty, and all praise is for Allah. None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent.

My Lord, I ask you for the good of this day / night and the good of what follows it and I take refuge in you from the evil of this day / night and the evil of what follows it.

My Lord, I take refuge in you from laziness and senility.

My Lord, I take refuge in you from torment in the

Fire and punishment in the grave.

Sahih Muslim 7083

**'asbahunna wa'asbah almulk lillah
walhamd lillah , la 'ilh 'ila allh
wahdah la sharyk lhu, lh almulk wlh
alhamd, whu ealaa kl shay' qadir ,
rabi as'aluk khayr ma fi hadha
alyawm wakhayr ma baedah ,
wa'aewdh bik min shari hadha
alyawm washari ma baedah, rabi
'aewdhubik min alkasal wasw'
alkibar , rabi 'aewdhubik min
eadhab fi alnnar waeadhab fi alqabr.**

(Morning)

**'amsina wa'amsaa almalik lillah
walhamd lillah , la 'ilh 'ila allh**

**wahdah la sharyk lhu, lh almulk wlh
alhamd, whu ealaa kl shay' qadir ,
rabi as'aluk khayr ma fi hdhih
allaylat wakhayr ma baedaha ,
wa'aewdh bik min shari hdhih
allaylat washari ma baedaha, rabi
'aewdhubik min alkasal wasw'
alkibar , rabi 'aewdhubik min
eadhab fi alnnar waeadhab fi alqabr.
(evening)**

**7- O Allah, by your leave we have
reached the morning and by your
leave we have reached the evening,
by your leave we live and die and
unto you is our return.**

(say in the morning)

**allhummm bik 'asbahna wabik
'amsayna , wabik nahya wabik
namuwt wa'iilayk alnnushur**

**O Allah, by your leave we have
reached the evening and by your
leave we have reached the morning,
by your leave we live and die and
unto you is our return.**

(say in evening)

**allahummm bik 'amsayna wabik
'asbahna wabik nahya wabik namut
wa'iilayk almasir**

**8- we have reached the
morning/evening upon the fitrah of**

**Islam, and the word of pure faith,
and upon the religion of our Prophet
Muhammad and the religion of our
forefather Ibrahim, who was a
Muslim and of true faith and was not
of those who associate others with
Allah.**

Correct Silsilah 2989

**asbahna/ amsina ealaa futrat
al'islam waealaa kalimat al'iikhlas
waealaa din nabayna muhammad
salla allah ealayh wasallam waealaa
millat 'abina 'iibrahim hnyfaan
mslmaan wama kan min
almushrikina.**

9- O Allah, I have reached the morning/evening and call on You, the bearers of Your throne, Your angles, and all of Your creation to witness that You are Allah, nor has the right to be worshipped except You, alone, without a partner and that Muhammad is Your Servant and Messenger. (4 times)

Abu Dawood, 4/317

**a llhum 'iiniy 'asbaht / amsit
'ashhiduk , wa'ushhid hamalat
earshik , wamalayikatik , wajamye
khalqik , 'annak 'ant allh la 'ilh 'ila
'ant wahdak la sharyk lak , wa'ann
muhammdaan eabduk waraswluk**

10- Allah is Sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne.

(7 times)

Saheeh Abu Dawood, 5082

**hasbiy allh la 'ilh 'ila hu ealayh
tawakkalt wahu rabb alearsh
aleazym**

11- O Allah, I ask you for pardon and well-being in my religious and worldly affairs, and my family and my wealth.

O Allah, veil my weaknesses and set at ease my dismay.

O Allah, preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with you lest I be swallowed up by the earth.

Sunan Ibn Majah 3135

**allhummm 'iiniy as'aluk aleafw
waleafiyyt fi alddunya walakhirat ,
allhummm 'iiniy as'aluk aleafw
waleafiyyt fi dini wadunyay wahly
wamaly , allhummm astur ewraty
wamin raweaty , allhummm ahfazny
min bayn yaday wamin khalfy
waeaan yamyny waeaan shimaly ,**

**wamin fawqy , wa'aewdh
bieazamatik 'an 'ughtal min tahty**

**12- None has the right to be
worshipped except Allah, alone,
without partner, to Him belongs all
sovereignty and praise, and He is
over all things omnipotent.**

Which one said this in a day

(100 times)

**la 'ilh 'ila allh whdah la sharyk lhu,
lh almulk wlh alhamd, whu ealaa kul
shay' qadyr.**

**he had amended ten slaves, and
wrote him a hundred good, and**

erased his bad one hundred and he had saved from the devil and which one did not come much better than him only a man work more than him.

**13- O Allah, grant my body health, O Allah, grant my hearing health,
O Allah, grant my sight health.**

None has the right to be worshipped except You, O Allah, I take refuge with you from disbelief and poverty, & I take refuge with you from the punishment of the grave.

None has the right to be worshipped except you. (3 times)

Sunan Abu Dawood, 5090

**allhummm eafiny fi badany ,
allhummm eafiny fi samey , allhummm
eafiny fi basary , la 'ilh 'ila 'ant ,
allhummm 'inny 'aewdhubik min
alkufr , walfaqr , wa'aewdh bik min
eadhab alqabr , la 'ilh 'ila 'ant**

**14- O Ever Living, O Self-Subsisting
& Supporter of all, by your mercy I
seek assistance, rectify for me all of
my affairs & do not leave me to
myself, even for the blink of an eye.**

**ya hay ya qaywm birahmatik
'astaghyth , 'aslih li shaany kullah ,
wala takilny 'iila nafsy tarfat eayn**

**15- O Allah, you are my Lord, none
has the right to be worshipped
except you, you created me and I
am your servant and I abide by your
covenant and**

**promise as best I can, I take refuge
in you from the evil of which I have
committed.**

**I acknowledge your favor upon me
and I acknowledge my sin, so
forgive me, for verily none can
forgive sin except you. (Bukhari 7)**

**allhmm 'ant rabiyy la 'ilh 'ila 'ant ,
khalaqtany wa'ana eabduk , wa'ana
eala eahdik wawaedik ma astataet ,
'aewdhubik min shari ma sanaet ,
'abw' lak biniematik ealay wa'abw'
bidhanby faghfir li fa'innah la
yaghfir aldhhdhunwb 'iila 'ant**

**who Uttered from the day he
believes in and he died of his day
before the evening comes he is
from the people of Paradise and
who uttered from the night, he
believes in and he died before the
morning he is from the people of
Paradise.**

16- How perfect Allah is and I praise Him. (100 times)

Sahih Muslim 7019

subhan allh wabihamdih.

Uttered landed his sins and if that it was like the foam of the sea.

17- I take refuge in Allah's perfect words from the evil He has created (3 times)

Only in the evening

'aeudh bikalimat allah alttammat min sharr ma khalaq

18- I am pleased with Allah as a Lord and Islam as a religion and Muhammad (peace be upon him) as a Prophet (3 times)

Correct Silsilah 2686

If uttered in the morning the Prophet, (peace be upon him) a sponsor to take his hand to paradise

radyt biallh rabbaaan wabial'islam dynaan wabimuhammad salla allah ealayh wasallam nabiaan.

19- How perfect Allah is and I praise Him by the number of His creation

**and His pleasure, and by the weight
of His throne, and the ink of His
words (3 times)**

Correct Silsilah 2156

**subhan allah wabihamdih eadad
khalaqah warida nafsih waznat
earshuh wamudad kalimatih**

**20- O Allah, Knower of the unseen
and the seen, Creator of the
heavens and the Earth, Lord and
Sovereign of all things, I bear
witness that none has the right to
be worshipped except You.**

I take refuge in you from the evil of my soul and from the evil and shirk of the devil, and from committing wrong against my soul or bringing such upon another Muslim.

Sunan al-Tirmidhi, 3392

**allhummm ealim alghayb
walshshhadat fatir alssmawat
walard rabb kli shay' wamalykah ,
'ashhad 'an la 'iilh 'iila 'ant , 'aewdh
bik min shari nafsy wamin shari
alshshaytan washirkih , wa'an
'aqtarif eala nafsy sw'aan 'aw
'ajurrah 'iila muslim**

21- I ask forgiveness from Allah.

(100 times)

'astaghfir allh

**22- Prayer on the Prophet O Allah,
bless our Prophet Muhammad
(peace be upon him). (10 times
morning, 10 times evening)**

**alssalat ealaa alrrasul allahumm sill
ealaa nabiina muhammad salla
allah ealayh w sallam**

**Second: a great wage and billions of
good deeds:**

**# Read the chair verse after every
prayer did not prevent him from
entering Paradise except to die.**

آمَنَ الرَّسُولُ بِمَا أُنْزِلَ إِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُونَ كُلٌّ
آمَنَ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ لَا نُفَرِّقُ بَيْنَ أَحَدٍ مِنْ
رُسُلِهِ وَقَالُوا سَمِعْنَا وَأَطَعْنَا غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ
(285) لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ
وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا
رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إَصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ
قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَاعْفُ
لَنَا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ)
(286)

Al-Baqarah 285 – 286

(285)The apostle believes in what has been revealed to him from his Lord and (so do) the believers; they all believe in Allah and His angels and His books and His apostles; we make no difference between any of

His apostles; and they say: We hear and obey, our Lord! Thy forgiveness (do we crave), and to Thee is the eventual course (286) Allah does not impose upon any soul a duty but to the extent of its ability; for it is (the benefit of) what it has earned and upon it (the evil of) what it has wrought: Our Lord! Do not punish us if we forget or make a mistake; Our Lord! Do not lay on us a burden as Thou didst lay on those before us, Our Lord do not impose upon us that which we have not the strength to bear; and pardon us and grant us protection and have mercy on us,

**Thou art our Patron, so help us
against the unbelieving people.**

**Abe Masood Badri may Allah be
pleased with him: that the Prophet,
(peace be upon him) said: (who has
read two verses of the last **Sura Al-
Baqarah** in the night will suffice)**

Bukhari and Muslim.

**aman alrrasul bima 'unzil 'iilayh min
rabbih walmuminun kull aman
biallah wamalayikatih wakutubih
warusulih la nufarriq bayn 'ahad min
rusulih waqaluu samiena wa'ataena
ghufranak rabbana wa'iilayk almasir
(285) la yukallif allah nafsana 'iila
wuseaha laha ma kasabat waealayha**

**ma aktasabat rabbana la
tuaakhidhna 'iin nasina 'aw 'akhtana
rabbana wala tahmil ealayna 'iisrana
kama hamaltah ealaa alladhin min
qablina rabbana wala tuhammilna
ma la taqat lana bih waef eanna
waghfir lana warhamna 'ant mawlana
fansurna ealaa alqawm alkafirin
(286)**

**# Abu Huraira may Allah be pleased
with him said: the Messenger of
Allah, (peace be upon him) he said:
"Two words are light on the tongue,
heavy in the balance, Habibtan**

**Rahman: subhan allah wabihamdih
, subhan allah aleazim**

**# It said its billions of favors Just
Say:**

**Glory be to Allah number of what He
has created**

**Glory be to Allah fill what He has
created**

**Glory be to Allah number is in the
heavens and the earth**

**Glory be to Allah fill is in the
heavens and the earth**

**Glory be to Allah the number
counted book**

**Glory be to Allah fill what counted
book**

**Glory be to Allah Number of
everything**

Glory be to Allah fill everything

**Also spoken thankfully or God is
great or there is no god but Allah or
there is no power except with Allah
or I ask forgiveness from God
instead of glory be to allah**

subhan allah eadad ma khalaq

subhan allah mmil' ma khalaq

**subhan allah eadad ma fi
alssamawat wal'ard**

**subhan allah mmil' ma fi
alssamawat wal'ard**

**subhan allah eadad ma 'ahsaa
kitabah**

**subhan allah mmil' ma 'ahsaa
kitabah**

subhan allah eadad kl shay'

subhan allah mmil' kl shay'

**yo can say it with alhamd lillah ,
allah 'akbara, la 'illah 'illa allah , la
hawl wala quwwat 'illa biallah ,
'astaghfir allh.**

**# If you want to write to you only ten
good deeds and erase ten sins Say:**

**O Allah, bless our Prophet
Muhammad, (peace be upon him).
(10 times morning and 10 times
evening)**

**allahumma sala ealaa nabiina
muhammad sala allah ealayh w
salam.**

**# If you want to write for you every
day a thousand good deeds and
erase a thousand sins just Say:
Glory be to Allah**

(100 times)

Say: subhan allah.

**# narrated from Abu'l-Dardaa' that
the Prophet (peace be upon him)**

said: “Is any one of you unable to recite one-third of the Qur’an in one night?” They said, “How anyone could read one-third of the Qur’an?” He said, “Qul Huwa Allaahu Ahad is equivalent to one-third of the Qur’an.”

(Muslim 811)

The Prophet (peace be upon him) said: “Whoever reads one letter of the Book of Allaah will have one hasanah (reward) for doing so, and every hasanah will be multiplied by 10. I do not say that ‘Alif, laam, meem’ is one letter, but ‘Alif’ is a

letter, 'laam' is a letter and 'meem' is a letter.' (Muslim)

**# Abu Huraira may Allah be pleased with him - said: The Messenger of Allah – (peace be upon him) -:
«Because I say: subhan allaha, walhamd lallahi, wala 'illah 'illa allaha, wallah 'akbar (Glory be to Allah, thank God, there is no god but Allah, and Allah is the greatest,) is dearer to me than the sun rises»
narrated by Muslim**

narrated from Jabir (may Allah be pleased with him) that the

Messenger of Allah (peace be upon him) said:

“Whoever says Subhan Allah il ‘azeem wa bi hamdihi (Glory and praise be to Allah, the Almighty), a palm tree will be planted for him in Paradise.”

al-Tirmidhi (3464)

Reading Soorat al-Mulk every day protects one from the torment of the grave narrated from Abu Hurayrah that the Prophet (peace be upon him) said: “There is a soorah of the Qur’an, with thirty verses, that interceded for a man until he was

**forgiven; it is ‘Soorah Tabaarak
Alladhi bi yadihi’l-mulk**

**Narrated by al-Tirmidhi (2891) and
Abu Dawood (1400)**

**# from Jaabir ibn ‘Abd-Allaah, who
reported that the Messenger of
Allaah (peace be upon him) said:
“Whoever says when he hears the
call to prayer, ‘Allaahumma Rabba
haadhihi’l-da’wat il-taammah wa’l-
salaat il-qaa’imah, aati
Muhammadan al-waseelata wa’l-
fadeelah, wab’athhu maqaaman
mahmoodan alladhi wa’adtahu (O
Allaah, Lord of this perfect Call and
the Prayer to be offered, grant**

Muhammad the privilege and also the eminence, and resurrect him to the praised position that You have promised), will be granted my intercession on the Day of Resurrection.”

al-Bukhaari, 579

Omar may Allah be pleased with him said: The Messenger of Allah, (peace be upon him) said: «What you from one ablution amounts (or Vispeg) ablution and then says: I bear witness that 'ushhid 'an la 'illah 'illa allah wa'ann mmuhmadana eabd allah warasuliha (there is no

**god but Allah and that Muhammad
Abd Allah and His Messenger,) but
opened his eight gates of Paradise,
enters from any one he**

want. » Narrated by muslim

**# narrated that Abu Hurayrah (may
Allaah be pleased with him) said:
The Messenger of Allaah (peace be
upon him) said: “Whoever purifies
himself in his house then walks to
one of the houses of Allaah in order
to perform one of the duties
enjoined by Allaah, for every two
steps he takes, one will erase a sin**

and the other will raise him one degree in status.”

Narrated by Muslim, 666

Abu Musa may Allah be pleased with him, said: the Prophet, (peace be upon him,) said: « as one was mentioned the god, which does not mention the god, such as the living and the dead. »

It was narrated that Jaabir ibn ‘Abdillah (may Allah be pleased with him) said: I heard the Messenger of Allah (peace be upon him) say: “The

**best dhikr is Laa ilaaha ill-Allah
(there is no god but Allah), and the
best du‘aa’ is al-hamdu Lillah
(Praise be to Allah).”**

Narrated by at-Tirmidhi 3383

**# And Abu Dawood narrated from
Abu’l-Dardaa’ (may Allah be pleased
with him) that the Prophet (peace
be upon him) said: “Shall I not tell
you of the best of your deeds and
that which is most pure in the sight
of your Lord, that which raises you
more in status and is better for you
than giving gold and silver (in**

charity), and better than your meeting your enemy and striking their necks and they strike your necks?’ They said, ‘Yes, O Messenger of Allaah.’ He said, ‘Remembering Allaah (dhikr).’

If you want to be you the treasures of Paradise, then say: la hawl wala quwwat 'illa bialla (There is no power except with Allah).

1. In one minute you can recite Soorat al-Faatihah 3 times, reciting quickly and silently. Some schools said that the reward for reading al-Faatihah is more than 600 hasanahs, so if you read it 3 times

you will, by the permission of Allah, gain more than 1800 hasanahs - all of that in one minute.

2. In one minute you can recite Soorat al-Ikhlaas (Qul Huwa Allaahu Ahad) 20 times, reciting quickly and silently. Reciting it once is equivalent to one-third of the Qur'aan. If you read it 20 times it is equivalent to reading the Qur'aan 7 times. If you read it 20 times in one minute each day, you will have read it 600 times in one month, and 7200 times in one year, which will be

equal in reward to reading the Qur'ana' 2400 times.

3. You can read one page of the Book of Allah in one minute.

4. You can memorize a short aayah of the Book of Allah in one minute.

5. In one minute you can say Laa ilaaha ill-Allaah wahdahu laa shareeka lah, lahu'l-mulk wa lahu'l-hamd wa huwa 'ala kulli shay'in qadeer (There is no god except Allah alone with no partner; To Him

be dominion and praise, and He is Able to do all things) - 20 times. The reward for saying this is like freeing 8 slaves for the sake of Allah from among the sons of Ismaa'eel.

6. In one minute you can say Subhaan Allaahi wa bi hamdihi (Glory and praise to Allah) 100 times. Who says that in one day will be forgiven for his sins even if they are like the foam of the sea.

7. In one minute you can say Subhaan Allaahi wa bi hamdihi Subhaan Allaah il-'Azeem (Glory

and praise be to Allah, glory be to Allah the Almighty) 50 times. These are two phrases which are light on the lips, heavy in the balance and beloved to the Most Merciful, as was narrated by al-Bukhaari and Muslim.

8. The Prophet (peace and blessings of Allah be upon him) said: "When I say 'Subhaan Allah, wa'l-hamdu Lillah, wa laa ilaah ill-Allah, wa Allaahu akbar (Glory be to Allah, praise be to Allah, there is no god except Allah, and Allah is Most Great) ', this is more beloved to me than all that the sun rises upon.

“(Narrated by Muslim). In one minute, you can say all of these words more than 18 times. These words are the most beloved words to Allah, the best of words, and they weigh heavily in the balance of good deeds, as was narrated in the saheeh ahaadeeth.

9. In one minute you can say, Laa hawla wa laa quwwata illa Billaah (there is no strength and no power except with Allah) more than 40 times. This is one of the treasures of Paradise, as was narrated by al-Bukhaari and Muslim. They are a

means of putting up with difficulties and of aiming to achieve great things.

10. In one minute you can say Laa ilaaha ill-Allaah approximately 50 times. This is the greatest word, for it is the word of Tawheed, the good word, the word that stands firm. If these are the last words of a person, he will enter Paradise, and there are other reports which indicate how great these words are.

11. In one minute you can say Subhaan Allaah wa bi hamdih,

'adada khalqihi, wa ridaa nafsihi, wazinata' arshihi, wa midaada kalimaatihi (Glory and praise be to Allah, as much as the number of His creation, as much as pleases Him, as much as the weight of His Throne and as much as the ink of His words) more than 15 times. These words bring many more times the reward for other forms of tasbeeh and dhikr, as was reported in saheeh ahaadeeth from the Prophet (peace and blessings of Allah be upon him).

12. In one minute you can seek the forgiveness of Allah more than 100 times by saying "Astaghfir-Allah (I seek the forgiveness of Allah). The virtues of seeking forgiveness are no secret, for it is the means of attaining forgiveness and entering Paradise, and it is the means of being gifted a good life, increasing one's strength, warding off adversaries, making things easier, bringing rain and increasing one's Wealth and children.

13. You can say a few brief and concise words in one minute, and

Allah may bring about some good through them that you could never imagine.

14. In one minute you can send blessings on the Prophet (peace and blessings of Allah be upon him) 50 times by saying Sall-Allaahu 'alayhi wa sallam (May Allah bless him and grant him peace). In return Allahah will send blessings upon you 500 hundred times because one blessing brings ten like it.

15. In one minute you can motivate your heart to give thanks to Allah, to

love Him, to fear Him, to put hope in Him, to long for Him, and then travel through the stages of 'uboodiyyah (total enslavement to Allah) . You could do this when you are lying on your bed or walking in the street.

16. In one minute you can read more than two pages of a useful book that is easy to understand.

17. In one minute you can uphold the ties of kinship by calling a relative on the phone.

18. You can raise your hands and recite any du'aa 'you wish from the books of du'aa', in one minute.

19. You can say salaams to and shake hands with a number of people in one minute.

20. You can forbid an evil action in one minute.

21. You can enjoin something good in one minute.

22. You can offer sincere advice to a brother in one minute.

23. You can console someone who is depressed in one minute.

24. You can remove something harmful from the road in one minute.

25. Ongoing charity such as helping build a mosque, a well, a school, a shelter, raising children to the right religion, or advising others and calling them to Allah

The Messenger of Allaah (peace be upon him) **said: “When the son of Adam dies, all his deeds come to an end, except for three: ongoing charity, beneficial knowledge or a righteous son who will pray for him.**